



# OCTOBER QHS MENU

**DUE TO MANUFACTURING SHORTAGES, MENU IS SUBJECT TO CHANGE BASED UPON PRODUCT AVAILABILITY!**

**IMPORTANT INFORMATION:**  
Please make sure to fill out a  
free/reduced meals application.

Breakfast price \$1.50

Lunch price \$3.20

Reduced Breakfast .30

Reduced Lunch .40

	October 1st	October 2nd	October 3rd	October 4th
	<i>Breakfast Bagel</i>	<i>Cinni Mini</i>	<i>Biscuit &amp; Gravy</i>	<i>Donut &amp; Yogurt</i>
	Crispy or Spicy Chicken Sand. Green Beans BLT Salad Fruit & Milk	Little Caesar's Pizza or Pizza Sticks w/Marinara Side Salad Baby Carrots Fruit & Milk	Walking Taco Corn Spicy Pinto Beans Fruit & Milk	Chicken Alfredo w/Breadstick or Pizza Steamed Broccoli Caesar Salad Fruit & Milk
	October 7th	October 8th	October 9th	October 10th
	<i>Cherry Frudel</i>	<i>Breakfast Sandwich</i>	<i>Mini Pancakes &amp; Bacon</i>	<i>Biscuit &amp; Gravy</i>
Cheeseburger or Pizza Potato Wedges Side Salad Fruit & Milk	Build your own Burrito Bowl Corn & Bean Fiesta Blend 7 Layer Taco Salad Fruit & Milk	3 Cheese Calzone or Bosco Sticks w/Marinara Spinach Salad Baby Carrots Fruit & Milk	Chicken Drumstick Dinner Roll AuGratin Potatoes Baked Beans Fruit & Milk	½ Day No Lunch Served 
October 14th	October 15th	October 16th	October 17th	October 18th
	<i>Breakfast Bagel</i>	<i>Cinni Mini</i>	<i>Biscuit &amp; Gravy</i>	<i>Donut &amp; Yogurt</i>
	Chicken Nuggets Dinner Roll Loaded Mashed Potatoes Baked Beans Fruit & Milk	Dominos Pizza or Bosco Sticks w/Marinara Side Salad Baby Carrots Fruit & Milk	Cheesy Baked Spaghetti Breadstick Green Beans Side Salad Fruit & Milk	Chicken Bacon Ranch Flatbread or Pizza Steamed Broccoli Caesar Salad Fruit & Milk
October 21st	October 22nd	October 23rd	October 24th	October 25th
<i>Blueberry Bread</i>	<i>Breakfast Sandwich</i>	<i>Mini Pancakes &amp; Bacon</i>	<i>Biscuit &amp; Gravy</i>	<i>Donut &amp; Yogurt</i>
Corndog Nuggets or Pizza Tater Tots Side Salad Fruit & Milk	Chicken Twister Cooked Carrots Broccoli Salad Fruit & Milk	4 Cheese Garlic Bread Marinara Sauce Green Beans Fruit & Milk	Beef Nachos w/Queso Corn Refried Beans Fruit & Milk	Chicken BLT Sandwich or Pizza 7 Layer Salad & Peas Fruit & Milk
October 28th	October 29th	October 30th	October 31st	
<i>French Toast Sticks &amp; Sausage</i>	<i>Breakfast Bagel</i>	<i>Mini Straw. Cream Cheese Bagel</i>	<i>Biscuit &amp; Gravy</i>	
Quesadilla w/Queso or Pizza Corn Side Salad Fruit & Milk	Teriyaki Chicken over Rice Oriental Vegetables Ramen Noodle Salad Fruit & Milk	3 Cheese Calzone or Bosco Sticks w/Marinara Spinach Salad Baby Carrots Fruit & Milk	Chicken Fried Chicken Mashed Potatoes & Gravy Dinner Roll Green Beans Fruit & Milk	

**Other meals offered daily include,  
Made to order Subs, Wraps  
Chef Salads  
and Taco Bar**

