
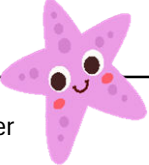


ECFC Pre-K October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SCHOOL LUNCH PIRATES FIND YOUR TREASURE! OCTOBER 11-19, 2024</p>	1 Frudel 	2 Cinni Minis	3 Flapstick	4 Mini Pancakes
	Pizza Garden Salad w/ Tomato Ranch Dressing Applesauce Milk	Mini Pancakes & Sausage Hash Brown Coins Mandarin Oranges Milk	Soft Taco Cheese, Lettuce, & Salsa Refried Beans Apple Slices Milk	Chicken Parmesan Dippers Breadstick Green Beans Peaches Milk
7 Cereal & Toast	8 French Toast Sticks	9 Biscuit & Gravy	10 Scrambled Eggs & Toast	11 1/2 Day School Improvement Donut
Chicken Patty on Bun Corn Baby Carrots Pineapple Milk	Chicken & Noodles Steamed Broccoli  Baby Carrots Mandarin Orange Milk	Grilled Cheese Cow Boy Beans Sunset Sipper Peaches Milk	Pizza Sticks Mariana Sauce Green Beans Strawberries Milk 	Pizza Bento Box Mixed Fresh Veggies Ranch Dressing Apple Slices Milk
14 No School Columbus Day 	15 Flapstick	16 Mini Pancakes & Syrup	17 Egg & Cheese Slider	18 Mini French Toast 
	Cheese Quesadilla W/Salsa Green Beans Baby Carrots Apple Sauce Milk 	Tenderloin on Bun Mashed Potatoes and Gravy Pears Milk 	Four Cheese Garlic Bread Marinara Sauce Green Beans Peaches Milk	Corn Dog  Baked Beans Baby Carrots & ranch Pineapple Milk
21 Long John	22 Cereal & Toast 	23 Banana Bread 	24 Breakfast Pizza	25 Pancake Sandwich
Cheese Pizza Green Beans Baby Carrots Mandarin Oranges Milk	Popcorn Chicken Oven Fries Baby Carrots Strawberries Milk	Macaroni & Cheese Cheese Stick/ Breadstick Steamed Broccoli Apple Sauce Fruit & Milk	Walking Tacos Cheese, Lettuce, & Salsa Refried Beans Peaches Milk	Turkey & Cheese Wrap California Blend Vegetables Baby Carrots Fruit & Cookie Milk
28 Mini Pancakes & Syrup	29 Scrambled Eggs & Toast	30 Biscuit & Gravy	31 Sausage Slider	
Hot Dog on Bun Sweet Potato Fries Baby Carrots Peaches Milk	Spaghetti w/Meat Sauce Breadstick Romaine Salad w/ Ranch Apple Slices Milk	Pepperoni Pizza Calzone Mixed Fresh Veggies Ranch Pears Milk	Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Strawberries Milk	