



ECFC Pre-K September 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>French Toast Sticks Pineapple</p> <p>Chicken & Noodles Steamed Broccoli</p> <p>Apple Slices Milk</p>	<p>4</p> <p>Pancake Sausage Sandwich Apple Slices</p> <p>Grilled Cheese Cow Boy Beans</p> <p>Peaches Milk</p>	<p>5</p> <p>Scrambled Eggs & Graham Peaches</p> <p>Pizza Sticks Mariana Sauce Green Beans Strawberries Milk</p>	<p>6</p> <p>Donut Strawberries</p> <p>Deli Sub w/Cheese Mixed Fresh Veggies Ranch Dressing Mandarin Oranges Milk</p>
<p>9</p> <p>Mini Waffles Craisin</p> <p>Hamburger on Bun Tator Tots</p>  <p>Mixed Fruit Milk</p>	<p>10</p> <p>Flapstick Mixed Fruit</p> <p>Cheese Quesadilla W/Salsa Romaine Salad w/Ranch</p> <p>Apple Sauce Milk</p>	<p>11</p> <p>Mini Pancakes & Syrup Apple Sauce</p> <p>Four Cheese Garlic Bread Marinara Sauce Green Beans Peaches Milk</p>	<p>12</p> <p>Egg & Cheese Slider Peaches</p> <p>Pork Chop Patty Mashed Potatoes & Gravy</p> <p>Pears Milk</p>	<p>13</p> <p>Mini French Toast Pears</p> <p>Corn Dog Baked Beans</p> <p>Pineapple Milk</p>
<p>16</p> <p>Long John Raisins</p> <p>Cheese Pizza Green Beans</p> <p>Mandarin Oranges Milk</p>	<p>17</p> <p>Cereal Mandarin Oranges</p> <p>Popcorn Chicken Oven Fries</p> <p>Strawberries Milk</p>	<p>18</p> <p>Banana Bread Strawberries</p> <p>Wild Mikes Pizza Bites Marinara Sauce Steamed Broccoli Apple Sauce Fruit & Milk</p>	<p>19</p> <p>Breakfast Pizza Applesauce</p> <p>Walking Tacos Cheese, Lettuce, & Salsa Refried Beans Peaches Milk</p>	<p>20</p> <p>Pancake Sandwich Peaches</p> <p>Turkey & Cheese Wrap California Blend Vegetables</p> <p>Fruit & Cookie Milk</p>
<p>23</p> <p>Mini Pancakes & Syrup Craisins</p> <p>Hot Dog on Bun Sweet Potato Fries</p> <p>Peaches Milk</p>	<p>24</p> <p>Cereal Peaches</p> <p>Spaghetti w/Meat Sauce Breadstick Romaine Salad w/ Ranch Apple Slices Milk</p>	<p>25</p> <p>Oatmeal Round Apple Slices</p> <p>Pepperoni Pizza Calzone Mixed Fresh Veggies Ranch Pears Milk</p>	<p>26</p> <p>Sausage Slider Pears</p> <p>Chicken Nuggets Mashed Potatoes & Gravy</p> <p>Strawberries Milk</p>	<p>27</p> <p>Cinnamon Bun Strawberries</p> <p>Rib BQ on Bun Baked Beans Celery Sticks Pineapple & Juice Cup Milk</p>
<p>30</p> <p>Breakfast Pizza Raisins</p> <p>Cheeseburger on Bun Steamed Broccoli w/Cheese</p> <p>Applesauce Milk</p>	