



# Quarter 2 2024-2025 Newsletter

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## **A message from Director Ms. Wells:**

Can you believe we are near the end of the first semester? We have so much to be grateful for here at The Academy as we continue to celebrate every small and large student victory.

## **Finals Week**

### **Teacher Led Courses**

Monday, December 16th is a study guide and review content day.

Tuesday, December 17th and Wednesday, December 18th will be final assessments.

Thursday, December 19th and Friday, December 20th will be make-up days.

Edgenuity work completion is due by Friday at 2:00pm.

## **Student Spotlight**

We currently have a special senior spotlight, David Davis, who is on track to graduate December 20th. We want to congratulate him for working exceptionally hard to overcome barriers to accomplish this amazing goal. Congratulations David!! We are so proud of you!!

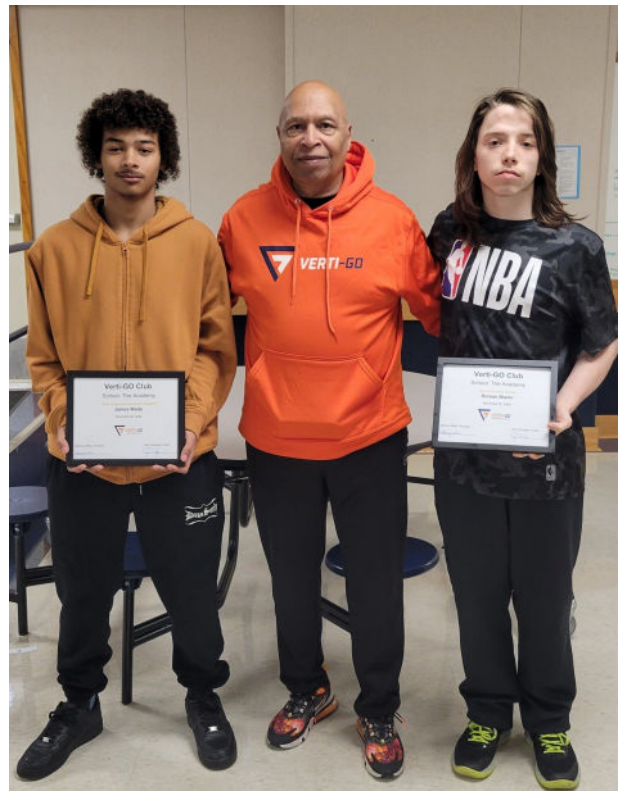
## **Community Spotlights**

We want to extend our appreciation for Jerry Douglas at Verti-GO for allowing our students to use Verti-GO for physical education movement. He is also providing powerful mini lessons on the importance of living a healthy lifestyle, attending school, tracking short term goals, and keeping our brains alert.

Our First Christian Church community partners have continued to spoil our staff and students with gifts and snacks each month. We are blessed to be able to share fun surprises all year long.

## **Retirement**

We will be wishing Mrs. Lori Beyer a Happy Retirement on December 20th. Her 33+ years in education has influenced many, as her loyalty to Quincy Public Schools will always be cherished. Congratulations to Mrs. Beyer on her well deserved retirement.



## **3rd Quarter Enrollment**

Our school enrollment is full for the 3rd quarter and our master schedule has been built. Students should be able to access their 3rd quarter schedule on Skyward by December 23rd.

## A message from Assistant Director Ms. Leebold:

### **180 Days of Educational Neuroscience**

We are closing in on completing approximately one-quarter of our new Social-Emotional curriculum. It has been amazing seeing the students (and adults) immerse themselves in the Brain's Neuroanatomy and learn about The Autonomic Nervous System. The students showed off their creativity by collaborating to decorate classroom doors for Halloween incorporating what they have learned.

Looking ahead, Winter MAP testing will take place after Winter Break in January. Specific dates to be announced when we return.

## A message from Student Support/Family

### Liaison Mr. Carroll and Mr. John:

Please remember, for students who go to Verti-Go on Tuesday and Thursdays to bring tennis shoes.

**Attendance Reminder:** The school day begins at 7:45am. Please arrive by this time to avoid tardy attendance. If a student is going to be absent for the day or any part of the day, a parent must call the school before 9:00 am to let the school know.

**CHRONIC ABSENCES**  
**18 OR MORE DAYS**  
• Excused and unexcused absences represent lost time in the classroom and lost opportunities to learn.  
• Missing just one day every two weeks can add up to 18 days in a year. Absences add up before you even know it.

**WARNING**  
**10 TO 17 DAYS**  
• Students who are absent an average of 15 days a year miss a year's worth of school before their senior year.  
• When students miss a day of school it actually puts them two days behind their classmates.

**GOOD ATTENDANCE**  
**9 OR FEWER ABSENCES**  
• Students with good attendance generally achieve higher grades and enjoy school more.  
• Children benefit and make the most of their educational opportunities if they attend school regularly and on time.

## A message from School Social Worker Mrs. Brigman:

**Feeling down this winter?**  
Here are some tips to help you ward off the winter blues:

- Get **7 to 9 HOURS OF SLEEP** every night → **GO TO SLEEP & WAKE UP** at the **same time** every night
- Each day, get **30 minutes of AEROBIC EXERCISE** → **WALK TO CLASS** even on **COLD & CLOUDY DAYS**
- Spend time with **FRIENDS & FAMILY** on a **regular basis** → **Maintaining SOCIAL CONNECTIONS** is important
- Eat **5 servings of FRUITS & VEGETABLES** daily → **ONE SERVING = ABOUT ONE CUP**
- Sit in **SUNNY SPOTS** to maximize your exposure to **NATURAL LIGHT** → **LIGHT THERAPY BOXES** are available in **20 Intramural Building**. Call 814-863-0461, or email [promotinghealth@psu.edu](mailto:promotinghealth@psu.edu) for more information.

Partners: Penn State University, UPRJA, Penn State Harrisburg, Penn State Berks

# WINTER SCHOOL VACATION

## TIPS AND IDEAS

Winter Vacation is here and The Academy has some easy tips for keeping kids active and entertained.

### GET OUT AND ABOUT

Its difficult to go outside when the weather is cold but staying inside can make restless children.  
Take trips to the library or to the park  
Enjoy an outing to the Trampoline Park or Bowling Alley

### COORDINATE WITH OTHER PARENTS

Organize an outing together, take turns giving rides or inviting other kids over to play and hang out

### PLAN AHEAD

Set up a fun activity to do together  
Make a new snack or try a new recipe  
Learn a Tic Tok dance together  
Make a YouTube video together  
Volunteer at Horizons or the Humane Society

### CREATE AN INCENTIVE

Plan something special for the end of the week like... family game night, favorite dinner, go swimming at the Kroc, Jump at Crazy Town Trampoline Park. Having something to look forward to can help kids on days when things are slow.