



## ECFC T-K September 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 	<b>3</b> French Toast Sticks Pineapple Chicken & Noodles Steamed Broccoli Baby Carrots Apple Slices Milk	<b>4</b> Pancake Sausage Sandwich Apple Slices Grilled Cheese Cow Boy Beans Sunset Sipper Peaches Milk	<b>5</b> Scrambled Eggs & Graham Peaches Pizza Sticks Mariana Sauce Green Beans Strawberries Milk	<b>6</b> Donut Strawberries Deli Sub w/Cheese Mixed Fresh Veggies Ranch Dressing Mandarin Oranges Milk
<b>9</b> Mini Waffles Craisin Hamburger on Bun Tator Tots Baby Carrots Mixed Fruit Milk 	<b>10</b> Flapstick Mixed Fruit Cheese Quesadilla W/Salsa Romaine Salad w/Ranch Baby Carrots Apple Sauce Milk	<b>11</b> Mini Pancakes & Syrup Apple Sauce Four Cheese Garlic Bread Marinara Sauce Green Beans Peaches Milk	<b>12</b> Egg & Cheese Slider Peaches Pork Chop Patty Mashed Potatoes & Gravy Baby Carrots Pears Milk	<b>13</b> Mini French Toast Pears Corn Dog Baked Beans Baby Carrots & ranch Pineapple Milk
<b>16</b> Long John Raisins Cheese Pizza Green Beans Baby Carrots Mandarin Oranges Milk	<b>17</b> Cereal Mandarin Oranges Popcorn Chicken Oven Fries Baby Carrots Strawberries Milk	<b>18</b> Banana Bread Strawberries Wild Mikes Pizza Bites Marinara Sauce Steamed Broccoli Apple Sauce Fruit & Milk	<b>19</b> Breakfast Pizza Applesauce Walking Tacos Cheese, Lettuce, & Salsa Refried Beans Peaches Milk	<b>20</b> Pancake Sandwich Peaches Turkey & Cheese Wrap California Blend Vegetables Baby Carrots Fruit & Cookie Milk
<b>23</b> Mini Pancakes & Syrup Craisins Hot Dog on Bun Sweet Potato Fries Baby Carrots Peaches Milk	<b>24</b> Cereal Peaches Spaghetti w/Meat Sauce Breadstick Romaine Salad w/ Ranch Apple Slices Milk	<b>25</b> Oatmeal Round Apple Slices Pepperoni Pizza Calzone Mixed Fresh Veggies Ranch Pears Milk	<b>26</b> Sausage Slider Pears Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Strawberries Milk	<b>27</b> Cinnamon Bun Strawberries Rib BQ on Bun Baked Beans Celery Sticks Pineapple & Juice Cup Milk
<b>30</b> Breakfast Pizza Raisins Cheeseburger on Bun Steamed Broccoli w/Cheese Baby Carrots Applesauce Milk	